Centre for Seldom Heard Voices

Tula’s research interests centre on the experiences of mental health care by people who use services and their families, to understand what counts as care and what is not care. Tula’s research focusses on how people could be facilitated in their care to promote citizenship, such as decisions about detention, and how this has implications for practice.

All of the people who feature in this research are considered marginalised and have seldom heard voices, and a participatory approach is used to work alongside people with experience to centralise that experience in research and practice. The ethics of care is a two pronged approach that seeks to surface marginalisation to promote equality, and review care practices in solidarity with service users. Better recognition of the role of care in everyone’s life is needed.